



SLT POST-OPERATIVE CARE AND INSTRUCTIONS

1. Continue your same eye drops in both eyes and oral medications as prior to laser (unless specifically instructed to stop). Please give 3 to 5 minutes between eye drops and close eyelids gently after placing drops.
2. The eye drop anesthetic and lens that help to focus the laser can occasionally cause redness and irritation on the first day after laser. To reduce further irritation:
 - a. Don't rub the eye as the eye may remain numb for hours after the laser
 - b. Use preservative-free lubricating tear drops and gel for any irritation
 - c. Call the office if any severe pain or decrease in vision
 - d. Rest the eye the first day – avoid keeping the eye open for prolonged periods
3. Use the steroid drop (Prednisolone Acetate 1%) 4x/day for 3 days in the operative eye starting immediately after the laser is done. The steroid drops can cause a rise in the eye pressure or cataracts if used for a prolonged period. Shake the bottle before using. Fill-in the circles below each time you use the steroid drop.
 - a. Today after Laser
 - b. 1 Day after Laser
 - c. 2 Days after Laser
 - d. 3 Days after Laser STOP STEROID DROPS
4. In general, patients can return to all of their normal daily activities on the next day after laser surgery. The eye may remain irritated for up to 48-72 hours typically.
5. The effect of the laser may not be known for several weeks after the treatment. In most cases, patients should have an eye exam within a few weeks of the laser to assess its effect and much sooner if any side effects such as pain, redness, blurred vision, or light sensitivity.
6. **CALL THE OFFICE IMMEDIATELY IF ANY CONCERNS: 904-564-2020**